



Healesville & District U3A Inc. ABN: 73370385591

# **NEWSLETTER**



# **PROGRAM**

**JANUARY TO JUNE 2015**



*Can you name any of these people from the 2007 Writing Group?*

**U3A Member Registration & Enrolment Day  
for 2015**

**THURSDAY 27<sup>th</sup> NOVEMBER 2014**

**10am – 1pm**

**Senior Citizens Hall, cnr Green & Rivers Sts**

We have a number of exciting new courses for 2015 so make sure you check the details outlined in the following pages.

**DON'T FORGET: OUR WEBSITE IS UP  
AND RUNNING**

at [www.healesvilleu3a.org.au](http://www.healesvilleu3a.org.au)

Details of courses, maps of class locations, and much more is on our site. For those of you receiving this Newsletter by post, check the website for the colour version! Don't forget: you can access the internet for free at the local library.

*A few words from Terry Green, our retiring President:*



Joan asked me would I put a few words together for the U3A Newsletter regarding my "out-going Presidents position". So here goes. My earliest record of committee duties with U3A Healesville seems to be prior to 2006. My President position came about in 2009 after Dr Ian Tinney's tenure. 2009 was a curious time as bushfires had swept much of the country side north of Healesville and began lapping the town boundaries. At this time I had taken on the job of Convenor of Marketing for U3A Network Victoria and this was a great privilege, however it was to be short lived. I had gone through 2009 surviving cancer when at the end of that year the committee decided to accept me as their new President. This was exciting as I had been teaching classes at U3A Sherbrooke and U3A Croydon and after retiring from formal career in 2001 after 33 years in an executive position. I was quietly energised to take on the new position.

I probably stumbled into the U3A concept of Shared Learning when a relative asked me why I didn't try U3A. My response was U3A who? However I was soon to find that leading classes was just right for me and I launched into a variety of subjects that complemented my favourite subjects, and I gained much joy in preparing and presenting my subject on a weekly basis. My Croydon students had signed up for a one year course but after three years they would not let me go. This was very encouraging. U3A Healesville also gave me the opportunity to lead classes in computers, favourite movies, Photography,

PowerPoint and story-telling, and Understanding Astrology. After the bushfires of 2009 we developed a partnership with Healesville Living & Learning centre to support U3A members in learning computer skills. We successfully applied for a grant to support this plan to assist older people in the community to take advantage of computers in times of emergency information as well as the many benefits of communication, banking etc.

U3A is made up of volunteers and I have had the real delight in working with some great people who have, as a team, grown U3A to a whole new level in classes and community involvement. Much interest at this time had grown between each of the then five U3As of the Yarra Valley Region to start discussion regarding the needs of the region and how we could grow U3A. From this sprang the idea of 'Combined U3As' , an idea to link our region by offering a regional membership so members could move from their home base to other U3As in the region for a small additional sum over their yearly membership; this program still operates today. This initiative led to U3A Network awarding us Regional status which today is known as Outer Eastern Region of U3A's.

One of the most significant and enjoyable achievements for me personally has been the Senior Week October Concerts. U3A has successfully sponsored these for the communities of the Outer Eastern region for the last three years. The last and most spectacular of these was held at the Healesville Memorial Hall last Sunday 26th October and celebrated the 150 year birthday of Healesville township.

While I will be leaving the committee of U3A I wish to say thank you to you all as members for supporting the U3A shared learning concept. I believe U3A is an outstanding way of not only lifelong learning but the friendships and enjoyment communities can gain from U3A involvement. As we age it just makes getting a little older a fun thing to do.

*...and now a message from our new President,  
Julian Higgs*



As the new president of Healesville & District U3A I first want to acknowledge the tremendous amount of work and effort put in by my predecessor Terry Green over his many years of involvement with U3A. We owe him a lot. As for myself I look forward to working with the committee over the next 12 months. Having been on the committee for the last 18 months I have come to admire their enthusiasm and commitment. We have some challenges, especially static membership levels and relentlessly rising operating costs, and any ideas on how to address these will be welcome. As will anyone who would like to join the committee. We can always use more people. On the positive side I know our class coordinator Heather has put together an excellent list of classes and activities for next year for us all to participate in and enjoy. I look forward to a successful year for U3A.

\*\*\*\*\*

**CITY OF WHITEHORSE BAND PLAYS IT ALL**

Upcoming concert: Christmas concert, Monday Dec 15<sup>th</sup> 8pm

See [www.whitehorseband.org](http://www.whitehorseband.org)

## *A brief profile of Dr Ian Tinney, the first President of Healesville U3A, by Val James*

Ian Tinney was our first U3A President in Healesville and still is involved, being an active participant in classes such as French and Philosophers Lunch.

A very friendly, affable and popular person, Ian who is Australian, was born in the UK due to his parents being there for his father's work. However, they all returned to Ballarat during the war years, and this was their main place of residence. That was an adventure for a start, though Ian would have been unaware of any dramas, being a small child.

Ian is married, with quite a large family, having five sons, plus three step-children. He currently has five grandchildren.

As many of you would be aware, Ian is a G.P. and has been retired for a while. He has quite a few interests apart from French, and is very involved locally, is a member of Rotary and enjoys gardening. He plays golf, enjoys travelling and has had five or six trips overseas over the last ten years. He is very happy living in Healesville, having lived here since 1973.



## **CLASS CO-ORDINATOR'S REPORT FOR 2014**

*By Heather Higgs*

This year we had three new classes start. The first, "Our Ultimate Purpose in Life" only went for 2 weeks when the tutor resigned. However our class on "Essential Oils" was enjoyed by those who attended and went until the end of 3<sup>rd</sup> term. During 3<sup>rd</sup> term a group of like-minded thespians started a Theatre Group and will perform in their own Variety Show in Yarra Glen on 14<sup>th</sup> November 2014.

We still have our Line Dancers kicking up their heels, the Yoga class stretching and posing, and the Exercise class enjoying stretching, dancing and moving to music.

For the outdoors our Bike Riding Group has been riding during the warmer months. The Day Travel Group has also been tripping around the countryside and trying as much as possible to use public transport.

The artistic people have enjoyed a choice of two art classes to dabble their brushes on canvas, while the more academic have participated in French and German classes plus the Philosophers Lunch held once a month. For those who like words our Scrabble and Book Club have been popular.

For music we have our U3A choir and for just a good belly laugh you can go to our weekly Laughter Class held at Queens Park followed by a coffee at Beechworth Bakery.

We have continued running classes at Yarra Glen in Exercise, Scrabble and a Book Club. Our tutors from Healesville lead these classes, which commenced in 2013 following the awarding of a grant by the Yarra Ranges Council.

For me it is very rewarding seeing U3A people having so many activities to choose from and enjoying themselves for such a small membership fee.

I would like to say a **BIG THANK YOU** to the Tutors/Leaders or Class Representatives, who donate their valuable time to bring so much enjoyment to our Healesville U3A members and hope it continues on in 2015.

\*\*\*\*\*

Golden Wattle is very supportive of our U3A ... do you know about its program?



**Golden Wattle is part of EACH Older Adults Services, Community Inclusion and Support (CISS) and is a social activity group for people over the age of 65, funded through Home and Community Care (HACC)**

The house was built in 1994 from a community need to provide a social group base for older isolated people, as well as provide older people with carers living in and around Healesville some respite opportunities.

Their program offers social interaction and friendship as well as promoting independence by way of supporting and maintaining a person's ability to continue to live at home and remain inclusive and active in their community.

The program also promotes a Well for Life approach as well as the Active Service Model that support s people making their own choices.

The program operates Monday to Friday as well as offers a monthly Saturday out and about program.

They have 2 commuter vehicles to transport participants to and from their homes living within a 15 Km radius of Healesville.

Additional to the Monday- Friday programs Golden Wattle offers free computing classes through Broadband for seniors to older adults on Wednesdays and Thursday by experienced volunteer tutors. The sessions can be 1-1 or 2-3 people and generally go for an hour.

**For further information about any of these programs feel free to contact the Program Manager on 0409 190879 or call in to the house at your convenience.**



**NEW CLASSES FOR 2015**

**See the alphabetical list on pages 12-16 for details**

**ARMCHAIR TRAVEL**

**CREATIVE WRITING**

**GARDEN LOVERS CLUB**

**HISTORY OF HEALESVILLE**

**ITALIAN**

**MEDITATION**

**OPERA APPRECIATION**

**PHOTOGRAPHY**

**TERM DATES 2015**

<b>Term 1</b>	<b>Monday Feb 2<sup>nd</sup> – Friday March 27th</b>
<b>Term 2</b>	<b>Monday April 13<sup>th</sup> – Friday June 26th</b>
<b>Term 3</b>	<b>Monday July 13<sup>th</sup> – Friday September 18th</b>
<b>Term 4</b>	<b>Monday October 5<sup>th</sup> – Friday December 11th</b>

## Healesville & District U3A Class Timetable

**2015**

<b><u>DAY</u></b>	<b><u>TIME</u></b>	<b><u>VENUE</u></b>
<b><u>MONDAY</u></b>		
<b>Armchair Travel</b> ( <i>2<sup>nd</sup> Mon. of month</i> )	1.30-2.30pm	Golden Wattle
<b>Book Club</b> ( <i>3<sup>rd</sup> Mon. of month</i> )	10-11.30am	Yarra Glen
<b>Creative Writing</b> ( <i>4<sup>th</sup> Mon. of month</i> )	1.30-3.30pm	Golden Wattle
<b>Philosophers Lunch</b> ( <i>last Mon. of month</i> )	noon- 1.30pm	The Hub
<b>Photography</b> ( <i>2<sup>nd</sup> Mon. of month</i> )	3-4pm	Golden Wattle
<b>Scrabble</b>	2-4pm	Private home
<b><u>TUESDAY</u></b>		
<b>Canasta</b>	2-4pm	Private home
<b>Choir</b>	3-4pm	Golden Wattle
<b>Exercise to Music</b>	1-2.30pm	Yarra Glen
<b>French Conversation</b>	10-11.30am	RSL
<b>Guitar</b> ( <i>fortnightly</i> )	1-2pm	Lions Hall
<b>History of Healesville</b> ( <i>Term 1 only</i> )	2.30-3.30pm	The Hub/RSL
<b>Ukulele</b> ( <i>fortnightly</i> )	1-2pm	Lions Hall
<b>Yoga</b>	2-3.30pm	Memo Hall

**WEDNESDAY**

Exercise Class	1.30-3pm	Lions Hall
German	10-11.30am	Private home
Meditation	9.30-10.30am	Comely House
Write Your Own Life Story ( <i>Term 2 only</i> )	10.30-12.30	RSL

**THURSDAY**

Art Group	1-3pm	Badger Creek
Bike Riding Group ( <i>fortnightly</i> )	9.30am	River St
Line Dancing	10.30-noon	Senior Citz
Scrabble	2-4pm	Private home
Theatre Group	to be advised	Senior Citz
Traditional Scrabble	10-noon	Library

**FRIDAY**

Day Travel Group ( <i>1<sup>st</sup> Fri. of month to discuss outing</i> )		10am
Garden Lovers ( <i>2<sup>nd</sup> Fri. of month</i> )		to be advised
Laughter Workshop	11– 11.30am	Queens Park
Opera Appreciation ( <i>3<sup>d</sup> Fri. of month</i> )	1-3pm	Golden Wattle



**WE HOPE TO OFFER TWO COMPUTER COURSES (“Digital Literacy” and “Operating in the Cloud”) but details have not been confirmed at the time of publication. Please register your interest on Registration Day.**

## **BRIEF COURSE DESCRIPTIONS, in alphabetical order**

### **ARMCHAIR TRAVEL**

This is a photographic adventure into the many exciting places around this great country of Australia. It will bring you places that are captured on camera, either movie or still photography. This is a fun class for anyone interested in travel captured in photographic experiences, and shared with others. Leader: Terry Green, 5962 5351

### **ART GROUP**

Explore various painting and drawing techniques and if you would like to unearth the artist within, there will be qualified instruction. Leader: Aileen Stinten, 5962 6890

### **BICYCLE RIDING GROUP, HEALESVILLE & YARRA GLEN**

The aim of this group is to bring people together to enjoy cycling and also to improve fitness as a part of a healthy lifestyle. The group needs a minimum of 3 people to make it worthwhile. The group will concentrate on the 1<sup>st</sup> and 4<sup>th</sup> terms – the shorter days and wintry weather in the middle of the year are not conducive to pleasant cycling. Leader: Keith Wade, 5962 1882

### **BOOK GROUP AT YARRA GLEN**

This friendly group meets monthly to discuss a book which members have received during the previous month. We read a wide range of books over the year and our discussions are always interesting. Leader: Joan Barlow, 5962 5083

### **CANASTA**

Chris needs at least 3 more people to join this group of card-loving group. Leader: Christine McLeod, 0419 571 374

### **CHOIR**

If you love singing (especially in parts), join the group for one hour a week in a relaxed and friendly atmosphere. The choir is always keen to recruit new members. Leader: Nan Francis, 5962 6371

## **CREATIVE WRITING**

This course has no boundaries when it comes to learning how to develop fictional characters and the fun you can have with them. Discover how to think more creatively; how to develop plots (good or evil); practise the kind of thinking to foster creativity by re-discovering “the child within”; learn to explore the power and possibilities of the written word and find the right word to elicit emotion. But above all, this course is about having a good time by sharing our stories. Leader: Margaret Fuller, 5962 5793

## **DAY TRAVEL GROUP**

Join Margaret and the group on the 1<sup>st</sup> Friday of the month at Café Charmain at the Black Spur Nursery to discuss the next outing. The Group travels by public transport and has a wonderful time often exploring new places. Leader: Margaret Farthing, 5962 6969

## **EXERCISE TO MUSIC AT HEALESVILLE AND YARRA GLEN**

Move it or lose it! Gwendoline will certainly keep you moving while at the same time you will have lots of fun. Tai-chi is added for an all-round experience. Leader: Gwendoline Shields, 5962 6926 **NOTE: These classes will not run in TERM 3.**

## **FRENCH CONVERSATION**

The aim of this course is to get together and talk French and so it is assumed that participants have some knowledge of the language. Leader: Suzette Nassl, 5962 5635

## **GARDEN LOVERS CLUB**

This is for people who like gardening, who like looking at gardens, talking plants either edible or non-edible. You do not need to know a lot of technical information to join this group. It is purely for GARDEN LOVERS. Perhaps we could visit each other's garden, share ideas, take home some cuttings and perhaps have a cuppa and a piece of cake at the home you have just visited. Other suggestions: we could visit a local garden or park or one further afield. Contact: Heather Higgs, 5962 3772

## **GERMAN CONVERSATION**

This group has knowledge of the German language and we get together to speak German and so enhance our skills. Leader: Ursula Heinsen, 5962 3096

## **GUITAR for BEGINNERS**

For those who want to learn this wonderful instrument for the first time or for those who have minimal skills. Leader: Doug Fudge, 5962 6274

## **HISTORY OF HEALESVILLE**

This 8 week course will look at the development of Healesville from 1860 to the present day. For example in weeks 1 & 2 we will look at New Chum; Coranderk; beginning of tourism; arrival of the railway and the boom and depression of the 1880s-90s. This course is open to flexibility, according to people's interests. **TERM 1 ONLY (8 weeks)**. Leader: Bryn Jones, 5962 4697

## **ITALIAN**

Learn Italian with an experienced teacher. More details available soon, so register your interest. Leader: Fulvia Inserra, 0475 708 559

## **LAUGHTER WORKSHOP**

What can I say about this! Except that I know it's good for your health as well as being lots of fun. Leader: Val James, 5962 2237

## **LIFE! PROGRAM**

This government-funded program consists of 5 fortnightly classes and will be tutored by experienced Accredited Exercise Physiologists and Accredited Practising Dieticians. Many interesting topics will be covered, too many to give here, so come to Registration & Enrolment Day when representatives will attend to detail the program. Each participant gets a FREE exercise program and FREE resource manual. Contact: Heather Higgs, 5962 3772

*The above course has had to be cancelled due to the removal of government funding.*

## **LINE DANCING**

This class attracts about 25 plus regular dancers who just love the experience. It's great exercise for body and mind and with the lively company of other fun loving people it's a great hit. Come along and give it a go! Leader: Cheryl Barwick, 9730 1171

## **MEDITATION**

A small group of like-minded people gather together for an hour with a view to stilling the mind in order to generate peace, health, happiness and mindfulness. Chairs will be available, or bring your own cushions and mats if you prefer to sit on the floor. Leader: Marion Wasley, 5962 3570

## **OPERA APPRECIATION**

Interested in experiencing some of the wonderful opera repertoire from the safety of an U3A venue? There will be a 2hr session once a month. Over 2 sessions we will watch a full opera along with a presentation introducing the plot, the composer, the singers and the historical context. Depending on the time we will hope for some discussion at the end. We will open with a stunning 2012 production of *Tosca* from the Royal Opera House, London. Leader: Gerald Brinson, 9737 9657

## **PHILOSOPHERS LUNCH**

If you love a lively and thought-provoking discussion then this monthly get-together is for you. We'll use the major ideas from past and contemporary philosophers to prompt our discussions, then finish with a simple lunch of finger food to which we've each contributed. Leader: Martin Morgan, 5962 1427

## **PHOTOGRAPHY**

This class will be of interest to people who are excited about photography and who would like to share their photographic experience in a group of like-minded photographers. The class members would expect to share their skills while learning new photographic skills, approaches, images. The potential for photographic excursions and assignments could be arranged. Equipment/material required: We will work with DSL (digital single lens) cameras. Leader: Terry Green, 5962 5351

**SCRABBLE**

Exercise those brain cells! This is an enthusiastic group of players and new members are most welcome. Contact: June Slater, 5962 2005

**THEATRE GROUP (HEALESVILLE THESPIANS)**

As this group has had so much fun and unearthed so much talent amongst members, they are planning to get together during TERM TWO to explore sketches, musical items, poetry etc. with a view to producing something similar to their successful November 2014 concert. This would be finalised during TERM FOUR for presentation to members as an end of year entertainment. New members welcome. Contact: Dorothy Carter, 5962 1869

**TRADITIONAL SCRABBLE**

Without the use of help lists, have fun using the letters to make words, hopefully with the use of triples! Leader: Dorothy Carter, 5962 1869

**UKULELE**

If you feel the need to play music, the ukulele has several points in its favour: it is cheap to buy and easy to learn and I guarantee you will come away from lesson one with a song to play. For beginners or continuing students from 2014 Leader: Doug Fudge, 5962 6274.

**WRITING YOUR LIFE STORY**

Record your own story. This very popular course allows you to laugh, reminisce and write, or use other mediums to preserve your memories for posterity. Leader: Di Anderson, 5962 3242.

**YOGA**

This is a very friendly class where the class is led gently and thoughtfully through exercises and stretches. Leader: Lesley Rolton, 5964 3283

## **Contributions Page**

### **A LIFE- MINE**

By Doug Fudge

I have been a U3A member for several years practising French and teaching guitar. This year I decided to join a group writing their life stories. By definition every life story is different.

I wondered how mine would compare and whether it would be of interest to my targeted audience. Would my adult children read it? Would they discover things about a father that they took for granted as a source of Christmas visits and birthday cards that they had never identified as being of interest in their busy lives? Would I enjoy revisiting a lost world beginning to grow dim as memory fades?

The answer to both questions is “yes”. My children and grandchildren need to know what my life has been like in detail fleshing out the facts and feelings in a way that just doesn’t happen in everyday contact. And I need to know too as a way of remembering what life was really like rather than what I wished it was like.

Some aspects are difficult to share with other members of the class. Could I share the intensity of a first real kiss after discovering girls? Can I really convey what life was like growing up in a Yorkshire mining village during the age of austerity? Does anyone care that I can still smell the essence of my first wooden recorder- a smell that still comes back to me whenever I play a modern hygienic plastic recorder? The difficulty recedes when you realize that everyone else is sharing and confronting their past. As one of two men in the group I didn’t have much to share when it came to childbirth but I could participate when it came to bringing baby home. It was in a motorcycle and sidecar outfit!

Remembering in depth can have its down side. In my case I delved elbow deep into memories of Christmas Eve 1974 when I found myself in the middle of Cyclone Tracey in a newly acquired but uninsured house in the northern suburbs of Darwin. I had to confront the horrors of that night and the extent to which it altered my life. I had to discover a level of self-awareness and single mindedness that I never had before. Survival brings home the value of life. I was always prone to let the swirling currents

of life sweep me along before that night. Sharing the experience brought it all back but it also made me realize how it had changed me for the better. One down side of that night was that I have no mementoes of my past life. All my photographs had gone- treasures destroyed- a memory of three guitars lying in the mud with open cases reduced to warped plywood! But a wife and two children stayed safe.

Perhaps the greatest benefit of the course was being able to rationalize the achievements of the age we live in. Only when you look deeply back do you begin to realize what progress we have made. Not much more than one hundred years ago mankind first flew in a heavier than air machine. Now we can leave home and arrive on a different continent just over a day later. The internal combustion engine has revolutionized our lives. In just over one hundred years oil deposits formed over eons of time will soon become a rare and ever expensive commodity.

.... Now I sit at my tiny laptop and marvel at its power and how essential it is in organizing my life. Since starting to write my life story I realize how fortunate I have been to live through this time. It has given focus to my thoughts.

I have also become deeply aware of just how important human beings are in the scheme of things. A chess Grand Master can still beat a computer and interpreting and playing a Mozart piano concerto still needs human input. At the same time volcanoes will still erupt, earthquakes will still devastate the surface of our planet and continents will continue to drift. We have no say in it.

This makes our personal history all the more valuable. We need to record the minutae of our time here otherwise we just pass through with no effect other than a diminishing memory that belongs to someone else.

So I would recommend anyone to write their personal memory. You need to find out your personal essence and document your life and impressions so that your time here does not pass unseen and your being can have value.

\*\*\*\*\*

*We have many talented people within our membership, so if you would like to submit something for inclusion in our Newsletter, be it a photo, art work, poem, book review or some other writing, please send it to me- Joan Barlow at [jlbarlow44@hotmail.com](mailto:jlbarlow44@hotmail.com)*

## **CLASS ATTENDANCE - U3A MEMBER RESPONSIBILITY - 2015**

**MEMBERSHIP BADGES** Members are expected to wear their membership badges when they attend a class. This assists with identification and allows new class members to learn others' names. It also shows the leader that the attendee has current membership. There are also insurance implications.

**TOTAL FIRE BAN DAYS** In the event of a **total fire ban** day some leaders may not be able to take their class as they may have to make other plans for that day. In this case it is important for students to contact the leader prior to attending a class. Some classes may choose to have a standing arrangement for such days.

**CLASS PHONE TREE** Class members are encouraged to develop a 'phone tree' which shares the load of notifying class members in the case a class has to be cancelled.

**UNABLE TO ATTEND A CLASS** If for any reason you are unable to attend a class please notify your leader as the leader may decide to cancel the class on that day if numbers are very few.

**ATTENDANCE SHEETS AND CLASS ENROLMENT** Members should make sure they are listed on the relevant class list(s) as this is important for insurance. Members please do not attend a class for which you are **NOT enrolled**.

**U3A TUTORS AND U3A / VMIA INSURANCE** Leaders & tutors please ensure your student attendance sheet is up to date as **U3A VMIA Insurance requires accurate details of student attendance**. Please advise the U3A office of any additions or changes. U3A volunteers are covered by U3A Network / Victorian Government VMIA insurance cover. This is not a substitute for member personal insurance.

**MEDICAL / HEALTH INSURANCE AND AMBULANCE COVER** (*if applicable*) Members are encouraged to make sure their medical health care insurance and ambulance subscriptions are current when undertaking classes. You are responsible for your own health care and safety.

## MEMBERSHIP DETAILS

U3A membership is \$50.00 for an individual per calendar year, \$80.00 for a couple. Pro-rata rates apply. Membership entitles members to participate in any or all available courses. **2015** membership renewal, course information and enrolment will be available at the Registration Day on **Thursday 27<sup>th</sup> November 2014 (see p.2)**

If you are unable to attend on that day membership forms are available at the Office or from the website. Send the completed form and fee to the Office and your membership badge will then be forwarded to you. To enrol, just ring the class leader (details on p. 12-16), or Class Co-ordinator, Heather Higgs 5962 3772.

If you are a current member of an U3A *outside* of the Yarra Ranges you can join as an associate member for a fee of \$20. As a registered Healesville & District U3A member you are entitled to attend classes in all participating U3As in the “Combined U3As of the Outer Eastern Region” for an additional \$10.00. There are five U3As in the scheme: Healesville, Lilydale, Mount Dandenong, Sherbrooke and Yarra Junction.

### U3A Healesville & District Committee Members

President: Julian Higgs

Secretary: Don Macdonald

Treasurer: Julian Higgs

Class Co-ordinator: Heather Higgs

Newsletter editor & web admin: Joan Barlow

Special events/Promotion: Gwendoline Shields

Newsletter journalist/Promotion: Val James

Committee members: Dorothy Carter, Margaret Farthing

### U3A Office Contact Details

The **office** is in the Senior Citizens’ Hall, cnr Green and River Streets, and is attended most Wednesday afternoons between 1.30pm and 4.00pm.

**Phone:** 5962 1990 (please leave a message if unattended);

**Mail:** PO Box 1017, Healesville 3777;

**Email:** healesville.u3a@bigpond.com