We have a number of exciting new courses for 2019 so make sure you check the details outlined in the following pages.

Please note that both the 2019 Member Registration Form and the 2019 Member Course Enrolment Form are available on the website. All members (both existing and new) will be required to fill in both of these forms, so if you are able we suggest you print them off from the website and complete them ready for registration and enrolment.

Forms will also be available at the Court House on Registration day.
Well, what a year we have had at U3A Healesville!

We spent many hours and dollars late last year and early this year, getting our new home at the Old Court House ready and suitable for our use, in time for the start of the new learning year.

At the end of April, we had a very well-attended and fantastic Grand Opening ceremony for our new home. It was great to see the pride and joy on so many faces that day. I would like to acknowledge all those involved in getting us to this day and for setting up the event on the day. It certainly made me feel very humble.

It was very encouraging to see the number of members grow this year, by about 15%. It certainly helps to continue to strengthen our financial position. Together with the growing number and variety of courses and activities on offer, we are certainly heading into an exciting future. We continue to have a wonderful group of class leaders, lead by the very efficient and proficient, Class Coordination Team of Faye and Ann. Thanks to you all.

As of the AGM in October, we welcomed Wendy Veitch, Kaye Williams, Rebecca Doig and John Pascoe who joined our committee. We look forward to working with you all.

The welcoming, smiling, happy, enthusiastic and caring members of U3A Healesville continue to be of great importance in my life and that’s what being in U3A is all about for me. May we continue to grow, learn from each other and together prosper.

---

**NEW CLASSES FOR 2019**

- Card Games
- Creating Online Photo Albums
- Creative Writing: Expect the Unexpected
- Study/Discussion on Buddhism
- Tarot for Advanced Students
- Thursday Book Group
- Ukulele for Beginners
- Vistaprint Picture Book
- What Does Third Age Living Offer Us?
- Writing Your Own Story

See the alphabetical list for details

---

**U3A TERM DATES FOR 2019**

<table>
<thead>
<tr>
<th>Term Dates</th>
<th>Public Holidays</th>
</tr>
</thead>
<tbody>
<tr>
<td>Term 1: Monday, February 4th – Friday, April 5th</td>
<td>Labour Day: Monday, March 11th&lt;br&gt;Good Friday, April 19th&lt;br&gt;Easter Monday April 22nd</td>
</tr>
<tr>
<td>Term 2: Tuesday, April 23rd – Friday, June 28th</td>
<td>Anzac Day: Thursday, April 25th&lt;br&gt;Queen’s Birthday, Monday, June 10th</td>
</tr>
<tr>
<td>Term 3: Monday, July 15th – Friday, September 20th</td>
<td>AFL Grand Final Eve 27th September, 2019</td>
</tr>
<tr>
<td>Term 4: Monday, October 7th – Friday, December 13th</td>
<td>Melbourne Cup: Tuesday, November 5th&lt;br&gt;Christmas Day: Wednesday, December 25th</td>
</tr>
</tbody>
</table>
• **AFTERNOON TEA**  Leader: Heather Higgs  0418 315 879
• **ARMCHAIR TRAVEL**  Leader: Terry Green  0438 093 030
• **ARTS & CRAFT GROUP**  Leader: Bernie Schnull  0490 496 510
• **BANJO CLUB**  Leader: Doug Fudge  5962 6274
• **BEER AND CIDER ALLIANCE**  Leader: Stephen Smith  5964 7669
• **BIKE RIDING GROUP**  Leader: Keith Wade  5962 1882
• **BUSHWALKING GROUP**  Leader: Wendy Veitch  5962 6274
• **CARD GAMES**  Leader: Sharron Hood  5962 5630
• **CARD MAKING**  Leader: Maggie Tok  0407 530 024
• **CREATING ONLINE PHOTO ALBUMS**  Leader: Julia Stafford  0400 510 411
• **CREATIVE WRITING: Expect the Unexpected**  Leader: Simon Livingstone  0431 662 036
• **CRYPTIC CROSSWORDS**  Leader: David Payne  0499 798 377
• **DANCE MOVES**  Leader: Bec Doig  5962 1000
• **DAY AT THE THEATRE**  Leader: Jennifer Adams  5962 4915
• **DAY TRAVEL GROUP**  Leader: Margaret Farthing  5962 6969
• **EQUIP4LIFE**  Leader: Faye Hempenstall  0412 220 409
• **EXERCISE TO MUSIC**  Leader: Dianne Kaufmann  5962 1872
• **FRENCH CONVERSATION**  Leader: Suzette Nassl  5962 5635
• **FRIDAY BOOK GROUP**  Leader: Joan Barlow  0418 856 144
• **GARDEN LOVERS**  Leader: Heather Higgs  0418 315 879
• **GENTLE WEIGHTS EXERCISE**  Leader: Gwendoline Shields  5962 6926
• **GERMAN CONVERSATION**  Leader: Ursula Heinsen  5962 3096
• **HISTORY OF HEALESVILLE**  Leader: Bryn Jones  5962 4697
• **LAUGHTER GROUP**  Leader: Val James  5962 2237
• **LINE DANCING**  Leader: Cheryl Barwick, 9730 1171
• **MAHJONG**  Leader: Sharron Hood  5962 5630
• **ROMAN HISTORY**  Leader: Martin Dix  0412 002 234
• **SCRABBLE IN THE LIBRARY**  Leader: June Slater  0490 831 740
• **SINGING GROUP**  Leader: Nan Francis  5962 6371
• **SOCIAL SCRABBLE**  Leader: June Slater  0490 831 740
• **STUDY/DISCUSSION GROUP: BUDDHISM**  Leader: Alex Caporilli  5962 4308
• **TAROT FOR BEGINNERS**  Leader: Terry Green  0438 093 030
• **TAROT FOR ADVANCED STUDENTS**  Leader: Terry Green  0438 093 030
• **THEATRICAL PERFORMANCE GROUP**  Leader: Lois Thwaites  0418 371 596
• **THURSDAY BOOK GROUP**  Leader: Bec Doig  5962 1000
• **UKULELE BEGINNERS**  Leader: Doug Fudge  5962 6274
• **UKULELE CLUB**  Leader: Doug Fudge  5962 6274
• **VISTAPRINT PICTURE BOOK**  Leader: Terry Green  0438 093 030
• **WHAT DOES THIRD AGE LIVING OFFER US?**  Leader: Peter Cock  phcock2@gmail.com
• **WINE & CHEESE NIGHT**  Leader: Paul Schilling  5962 1822
• **WRITING YOUR OWN STORY**  Leader: Di Anderson  0414 168 444
<table>
<thead>
<tr>
<th>COURSES BY DAY 2019</th>
<th>TIME</th>
<th>VENUE</th>
<th>LEADER</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MONDAY</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vistaprint Picture Book (Term 1 only weekly)</td>
<td>9.00-10.30am</td>
<td>Court House</td>
<td>Terry Green 0438 093 030</td>
</tr>
<tr>
<td>Cryptic Crosswords (2nd &amp; 4th Monday)</td>
<td>9.30-10.30am</td>
<td>Court House</td>
<td>David Payne 0499 798 377</td>
</tr>
<tr>
<td>Roman History (weekly)</td>
<td>10.45-11.45am</td>
<td>Court House</td>
<td>Martin Dix 0412 002 234</td>
</tr>
<tr>
<td>Card Making (1st &amp; 3rd Monday)</td>
<td>12.00-2.00pm</td>
<td>Court House</td>
<td>Maggie Tok 0407 530 024</td>
</tr>
<tr>
<td>History of Healesville (Term 4 only - weekly)</td>
<td>2.00-3.00pm</td>
<td>Court House</td>
<td>Bryn Jones 5962 4697</td>
</tr>
<tr>
<td>Social Scrabble (weekly)</td>
<td>2.00-4.00pm</td>
<td>Private home</td>
<td>June Slater 0490 831 740</td>
</tr>
<tr>
<td><strong>TUESDAY</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tarot for Beginners (29th Oct &amp; 26th Nov.)</td>
<td>9.00am-12 noon</td>
<td>Golden Wattle</td>
<td>Terry Green 0438 093 030</td>
</tr>
<tr>
<td>Tarot for Advanced (3rd Tues. Term 1 &amp; Apr. 2)</td>
<td>9.00am-12 noon</td>
<td>Golden Wattle</td>
<td>Terry Green 0438 093 030</td>
</tr>
<tr>
<td>French Conversation (1st &amp; 3rd Tuesday)</td>
<td>9.30-11.00am</td>
<td>Court House</td>
<td>Suzette Nasi 5962 5635</td>
</tr>
<tr>
<td>German Conversation (2nd Tues. of month)</td>
<td>10.00-11.30am</td>
<td>Private Home</td>
<td>Ursula Heinsen 5962 3096</td>
</tr>
<tr>
<td>Ukulele Beginners (1st &amp; 3rd Tuesday)</td>
<td>11.30am-12.30</td>
<td>Court House</td>
<td>Doug Fudge 5962 6274</td>
</tr>
<tr>
<td>Ukulele Club (2nd &amp; 4th Tuesday)</td>
<td>11.30am-12.30</td>
<td>Court House</td>
<td>Doug Fudge 5962 6274</td>
</tr>
<tr>
<td>Armchair Travel (1st Tuesday Feb. to Dec.)</td>
<td>1.00-2.00pm</td>
<td>Golden Wattle</td>
<td>Terry Green 0438 093 030</td>
</tr>
<tr>
<td>Arts &amp; Craft (weekly)</td>
<td>1.00-3.00pm</td>
<td>Court House</td>
<td>Bernie Schnull 0490 496 510</td>
</tr>
<tr>
<td>Creative Writing: Expect the Unexpected (Term 1 only - weekly)</td>
<td>1.00-3.00pm</td>
<td>Maroondah Retirement Village</td>
<td>Simon Livingstone 0431 662 036</td>
</tr>
<tr>
<td>Mahjong (weekly)</td>
<td>1.30-3.30pm</td>
<td>RSL</td>
<td>Sharron Hood 5962 5630</td>
</tr>
<tr>
<td><strong>WEDNESDAY</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>What does third age living offer us? (Term 1 only - weekly)</td>
<td>9.00-11.00am</td>
<td>Court House</td>
<td>Peter Cock <a href="mailto:phcock2@gmail.com">phcock2@gmail.com</a></td>
</tr>
<tr>
<td>Dance Moves (weekly)</td>
<td>9.30-10.30am</td>
<td>Snr. Citizens Hall</td>
<td>Bec Doig 5962 1000</td>
</tr>
<tr>
<td>Garden Lovers (3rd Wed of month)</td>
<td>10am-12 noon</td>
<td>Everywhere</td>
<td>Heather Higgins 0418 315 879</td>
</tr>
<tr>
<td>Gentle Weights Exercise (2nd &amp; 4th Wed.)</td>
<td>11.15-12 noon</td>
<td>Court House</td>
<td>Gwendoline Shields 5962 6926</td>
</tr>
<tr>
<td>Banjo Club (weekly)</td>
<td>12.30-1.30pm</td>
<td>Court House</td>
<td>Doug Fudge 5962 6274</td>
</tr>
<tr>
<td>Exercise to Music (weekly)</td>
<td>1.30-3.00pm</td>
<td>Lions Club Hall</td>
<td>Dianne Kaufmann 5962 1872</td>
</tr>
<tr>
<td>Singing Group (weekly)</td>
<td>3.30-4.30pm</td>
<td>Golden Wattle</td>
<td>Nan Francis 5962 6371</td>
</tr>
<tr>
<td><strong>THURSDAY</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Study/Discussion on Buddhism (Term 1 only)</td>
<td>9.00-10.30am</td>
<td>Court House</td>
<td>Alex Caporilli 5962 4308</td>
</tr>
<tr>
<td>Bike Riding Group (fortnightly) 1st, 2nd &amp; 4th Terms</td>
<td>9.30am-1.00pm</td>
<td>Everywhere</td>
<td>Keith Wade 5962 1882</td>
</tr>
<tr>
<td>Scrabble in the Library (weekly)</td>
<td>10am-12 noon</td>
<td>Library</td>
<td>June Slater 0490 831 740</td>
</tr>
<tr>
<td>Writing Your Own Story (Term 2 only)</td>
<td>10am-12 noon</td>
<td>Maroondah Retirement Village</td>
<td>Di Anderson 0414 168 444</td>
</tr>
<tr>
<td>Creating Online Photo Albums (2nd &amp; 4th Thursday Term 2 only)</td>
<td>10am-12 noon</td>
<td>Court House</td>
<td>Julia Stafford 0400 510 411</td>
</tr>
<tr>
<td>Line Dancing (weekly)</td>
<td>10.30am-12 noon</td>
<td>Snr. Citizens Hall</td>
<td>Cheryl Barwick 9730 1171</td>
</tr>
<tr>
<td>Theatrical Performance Group (can vary)</td>
<td>12.30-3.00pm</td>
<td>Snr. Citizens Hall &amp; Court House</td>
<td>Louis Thwaites 0418 371 596</td>
</tr>
<tr>
<td>Card Games (3rd Thursday of month)</td>
<td>1.30-3.30pm</td>
<td>Court House</td>
<td>Sharron Hood 5962 5630</td>
</tr>
<tr>
<td>Thursday Book Group (1st Thurs. of month)</td>
<td>2.00-3.30pm</td>
<td>Court House</td>
<td>Bec Doig 5962 1000</td>
</tr>
<tr>
<td>Arvo Tea (3rd Thursday of 1st &amp; 4th Terms)</td>
<td>2.00-3.30pm</td>
<td>Snr. Citizens Hall</td>
<td>Heather Higgins 0418 315 879</td>
</tr>
<tr>
<td><strong>FRIDAY</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bushwalking (1st Friday of month)</td>
<td>9.00am-1.00pm</td>
<td>Everywhere</td>
<td>Wendy Veitch 0408 501 287</td>
</tr>
<tr>
<td>Day Travel (1st Friday of month)</td>
<td>10.00-11.00am</td>
<td>Court House</td>
<td>Margaret Farthing 5962 6969</td>
</tr>
<tr>
<td>Friday Book Group (3rd Friday of month)</td>
<td>10.00-11.30am</td>
<td>Court House</td>
<td>Joan Barlow 0409 856 144</td>
</tr>
<tr>
<td>Laughter (weekly)</td>
<td>11.00-11.30am</td>
<td>Queen’s Park</td>
<td>Val James 5962 2237</td>
</tr>
<tr>
<td>EquipLife4 (1st Term only)</td>
<td>1.00-2.30pm</td>
<td>Court House</td>
<td>Faye Henspensll 0412 220 409</td>
</tr>
<tr>
<td>Beer &amp; Cider Alliance (2nd Friday of month)</td>
<td>5.00-7.00pm</td>
<td>Private House</td>
<td>Stephen Smith 5964 7669</td>
</tr>
<tr>
<td>Wine &amp; Cheese Night (3rd Friday of month)</td>
<td>5.00-7.00pm</td>
<td>Private House</td>
<td>Paul Schilling 5962 1822</td>
</tr>
<tr>
<td>Day at the Theatre</td>
<td>Any Time, Any Day</td>
<td>Any Theatre</td>
<td>Jenn Adams 5962 4915</td>
</tr>
</tbody>
</table>
SUMMARY OF CLASSES FOR 2019

AFTERNOON TEA
All U3A Members are welcome to come along to Afternoon Tea at the Senior Citizens Club. This is FREE. Tea and coffee will be served along with some sweet or savoury treat. You may even be entertained by one of our U3A classes. This is an opportunity for you to meet new people and make some new friends outside of the class that you normally attend. Afternoon Tea will be held on the third Thursday of the 1st and 4th Terms.
Dates are:  
1st Term 21st February  
4th Term 24th October  
Leader: Heather Higgs – 0418 315 879

Guests enjoying themselves at the Afternoon Tea at the Senior Citizens Hall on 25th October

ARMCHAIR TRAVEL
Armchair travel explores Australian travel and history and is currently offered to Golden Wattle for their senior people and U3A members are welcome to join. The sessions are approx. one hour once a month at Golden Wattle from February to December.
Leader: Terry Green – 0438 093 030

ARTS AND CRAFT GROUP
The Arts and Craft Group shares an interest and passion in many forms of artistic visual expression. Members currently practise water colour, acrylic and oil painting, pastel and pencil drawing and even quilt making. The range of skills varies, from beginner to semi-professional. Nobody is excluded and everybody is welcome to join and share their skills and ideas.
It’s amazing to see the results achievable with a bit of assistance and encouragement. We also encourage our class to try new and unfamiliar mediums. Who knows what hidden talent you may discover? The most important part is to have fun and to enjoy yourself for a few hours a week in a friendly, social environment.
Leader: Bernie Schnull – 0490 496 510

BANJO CLUB
Banjo Club is held to help banjo players expand their repertoire and practise their “picking” and chord usage
Leader: Doug Fudge – 5962 6274

BEER AND CIDER ALLIANCE
We are a relaxed group who enjoy meeting to taste a variety of beers, ciders, meads and similar brews and to nibble on snacks – traditional and sometimes exotic ones. We provide tasting glasses (only 65ml so that we can sample several varieties!). Members each bring a couple of bottles of beer and/or cider, together with a snack (from a packet of nuts to home-made sausage rolls). Then we simply enjoy the fare, discussing our choices and why we chose them (“never seen that label before”, “really enjoyed it on holiday”, etc.) and then move on to whatever takes our fancy.
The Yarra Valley has a fantastic selection of brewers and winemakers. There will be occasional outings to our local brewers to hear about their craft beers and ciders - and to sample them of course – combined with tasting the regional food.
Leader: Stephen Smith – 5964 7669

BIKE RIDING GROUP
The aim of this group is to bring people together to enjoy cycling and also to improve fitness as a part of a healthy lifestyle. The group needs a minimum of three people to make it worthwhile. The group will concentrate on the 1st, 2nd and 4th terms – the shorter days and wintry weather in the middle of the year are not conducive to pleasant cycling.
Leader: Keith Wade – 5962 1882

BUSHWALKING GROUP
The group walks at least 10km on bush tracks that are no more than one hour from Healesville. Bushwalks over the past year have been to Mt Evelyn; Andrew Hill; Track 11; Olinda Valley; Banyule flats; Birdisland; Tree Fern, Gembrook.
Leader: Wendy Veitch – 5962 6274 or 0408 501 287
CARD GAMES
Enjoy playing classic card games: Five Hundred, Canasta, UNO, Snap, etc. Bring along any card sets you may have.”
Maximum number 16.
Leader: Sharon Hood – 5962 5630

CARD MAKING
This class is suitable for beginners in the art of card making. We will start with the basics and progress to a level of card making that will enable you to make your own cards at home.
Participants will need to bring the following supplies to class: Ruler (preferably steel) with both inches and centimetres, Craft Scissors, Soft Pencil and Eraser, Double-sided Tape and a Cutting Mat.
Cutting mats are desirable because they facilitate card making with measurements and provide a stable working place, however, if you don’t have one we’ll work around it as best we can. Double-sided tape can be found at many $2.00 Shops / K-Mart / Craft Shops.
At the initial class, cardboard and paper will be available to buy (enabling us all to make the same card!). We will be sharing cutting equipment, tools, etc. so if you already have your own cutter, tools, etc., please bring them along for you to use in the class; this will make it easier for sharing the limited equipment.
Leader: Maggie Tok – 0407 530 024

CREATING ONLINE PHOTO ALBUMS
Have fun learning to build a photo album online. Learn how to sort your digital photos, scan your old photos, download photos from your mobile and create a professional album of memories that will last a life time. No prior knowledge needed. You will need access to a computer/iPad, lots of patience and a good sense of humour. TERM 2 ONLY.
Leader: Julia Stafford 0400 510 411

CREATIVE WRITING: Expect the Unexpected
A light-hearted and fun exploration of aspects of creative writing aiming to generate inspiration in “would be” writers, dabblers and those who simply like playing around with the written word - blend all this with your sense of humour, a cuppa and a willingness to share creations. No exams! No fails! No judgement!
Leader: Simon Livingstone – 0431 662 036

CRYPTIC CROSSWORD SOLVING
You are invited to take up the challenge and join in unravelling the mystery of cryptic crosswords. This class is ideal for the less-experienced Cryptic Crossword solvers who have some basic knowledge of cryptic crossword techniques but would like guided practice in improving their solving skills. We work as a group in cracking compilers’ tricky clues which gives us a bit of “mind-stretching” enjoyment.
Leader: David Payne - 0499 798 377

DANCE MOVES
An hour of energetic dance moves including a warm-up and a cool-down. Your moves can be either low or high impact and lots of fun.
Leader: Bec Doig – 5962 1000

DAY AT THE THEATRE
Day trips to the Theatre happen throughout the year. There are no formal meetings for this course. Contact is by email once you have enrolled.
The first show for 2019 is Jersey Boys on Wednesday 6th March - $80 for show ticket, bus cost depends on number of people going. Payment is to be made into a U3A account. (See bank details in the ad below).
Come along for a fun and relaxing day out. Bus leaves at 10.15am, lunch in the city, arriving back around 5.30 pm.

Day at the Theatre
Jersey Boys
Wednesday, 6th March 2019
at the Regent Theatre
1.00pm Start
28 Dress Circle Tickets have been booked
Cost: $80 plus Bus Fare
If we have enough people, we can hire the bus for $20 per person.
Payment is to be made by the end of February into U3A account at the Bendigo Bank:
Account Name: Healesville U3A Inc.
BSB: 063 010 Account No. 163771371
Enquiries to: Jennifer Adams, Phone 5962 4915
DAY TRAVEL GROUP
Join Margaret and the group on the 1st Friday of the month at the Court House in Healesville to discuss and decide the next outing. The Group travels by public transport and car pool and has a wonderful time exploring new places, e.g. Johnson Collection, exhibitions and gardens.
Leader: Margaret Farthing – 5962 6969

EQUIP4LIFE
This is a **FREE** government funded health program. The program consists of 5 classes, once a fortnight, for 1½ hours each class. The class will be tutored by experienced Accredited Exercise Physiologists and Accredited Practising Dietitians. The program covers such topics as: How to lose weight effectively; the best type of exercise to help you reach your health goals; the benefits of strength training; how to get fitter and stronger; how to cook delicious healthy recipes and much more.
**TERM 1 ONLY:**
February 8 & 15; March 1, 15 & 22; July 26 and February 21, 2020.
Contact: Faye Hempenstall – 0412 220 409

EXERCISE TO MUSIC
Did you know that dancing can help reverse the signs of ageing in the brain, relieve stress, anxiety, depression and help with balance?
So, come along to our Exercise to Music class for a fun and enjoyable time which includes dancing, marching, tai chi and meditation all to a large variety of music which all helps to keep the body moving as we age gracefully.
Leader: Dianne Kaufmann – 5962 1872

FRENCH CONVERSATION
The aim of this course is to get together and talk French and so it is assumed that participants have some knowledge of the language.
If there is a fifth Tuesday in a month then we meet at the Big Bouquet for French conversation.
Leader: Suzette Nassl – 5962 5635

FRIDAY BOOK GROUP
This friendly group has been meeting in Yarra Glen since receiving funding from the YarraRanges Council. However, this funding has now run out, so each member will need to pay $35.00 per annum to cover the cost of the Library’s fee for supplying the ten books each month. Another change is the venue: we have moved to Healesville and the great feeling within the group continues. We read a wide variety of books which always leads to interesting and lively discussions. To top it off, we finish with a cuppa!
Leader: Joan Barlow – 0409 856 144

GARDEN LOVERS
This is for people who like gardening, who like looking at gardens. You do not need to know a lot of technical information to join this group. It is purely for GARDEN LOVERS always with a cuppa afterwards.
Garden Lovers has been running for three years. Over that time we have visited other people’s gardens; visited nurseries or had nursery staff visit us with pruning demonstrations; visited some beautiful local professional gardens; had guided tours of wild flowers at Lake Mountain, Watts River from Coronation Park and the Brussels Sprout Farm at Coldstream. After each outing we always have morning tea and a chat. It is very laid-back and we just have fun with other like-minded people.
Contact: Heather Higgs – 0418 315 879

GENTLE WEIGHTS EXERCISE
Gentle Weights Exercise is to help your muscular strength and bones which counteracts the frailty that comes with ageing — and to have fun. There is gentle exercise for 20 minutes, followed by Tai-chi for 10 minutes.
Leader: Gwendoline Shields – 5962 6926

GERMAN CONVERSATION
This group has knowledge of the German language and we get together to speak German and so enhance our skills. Held monthly at a private house.
Leader: Ursula Heinsen – 5962 3096

HISTORY OF HEALESVILLE
This 8 week course will look at the development of Healesville from 1860 to the present day. For example in Weeks 1 & 2 we will look at New Chum; Coranderrk; beginning of tourism; arrival of the railway and the boom and depression of the 1880s-90s. This course is open to flexibility, according to people’s interests.
**TERM 4 ONLY.**
Leader: Bryn Jones – 5962 4697
LAUGHTER GROUP
What can I say about this! Except that I know it’s good for your health as well as being lots of fun. Laughter is the world’s best medicine. You just need to be a person with a sense of humour and fun. Val also does some brain teasers and a couple of health movements. At 11.30 am the group goes for coffee and work The Age crossword.
Leader: Val James – 5962 2237

LINE DANCING
It’s great exercise for body and mind and with the lively company of other fun loving people. It’s a great hit. Come along and give it a go!
Leader: Cheryl Barwick – 9730 1171

MAHJONG
Mahjong is very easy to learn. Scoring is a little complicated. You will be taught just the game to begin with and then progress with the scoring. All welcome.
Leader: Sharron Hood – 5962 5630

ROMAN HISTORY
The Roman state and then empire existed for over 2 millennia, Rome gave us much of our political system, much of our language and it gave us a pattern of state governance that we still follow today. It is a remarkable story of luck, bravery, intrigue, genocide, and near endless warfare, coupled with many triumphs of great human will and endeavour. It was a complex and highly successful entity, multi-racial, open, effectively, to all and offering great success to many of those who became its citizens. Yet it fell, falling so utterly that it could not be recreated, though many tried.
Leader: Martin Dix – 0412 002 234

SCRABBLE IN THE LIBRARY
There is a place for every level of player, so don’t feel intimidated. None of us is an expert yet. There will be a period of learning and a period of FUN GAMES each week. We will strive to follow the rules of the Victorian Scrabble Players Association so that we are all on the same wave length and could, if we wished, play in the tournaments that are held regularly.
Leader: June Slater – 0490 831 740

SINGING GROUP
If you love singing, then join the group for one hour a week in a relaxed and friendly atmosphere. The group is always keen to recruit new members. Singing is great for your health.
We sing folk songs, carols and songs from the musicals, such as Danny Boy, Whistle While You Work, Climb Every Mountain, I Am Australian. We sing in unison and in parts.
Leader: Nan Francis – 5962 6371

SOCIAL SCRABBLE
Exercise those brain cells! This is an enthusiastic group of players who meet to chat have afternoon tea and play scrabble in a relaxed social setting. New members are most welcome. Teaching of Scrabble is provided if needed.
Contact: June Slater – 0490 831 740

STUDY/DISCUSSION GROUP ON BUDDHISM
Alex would like to facilitate a study/discussion group on Buddhism. The participants should have a basic knowledge of Buddhism and its teachings, and be interested in meeting with like-minded people to further their knowledge and deepen their understanding of Buddhism and its practices.
The proposed structure of this course is as follows:
1. Eight weekly sessions of 1½ hour’s duration
2. Maximum of 10-12 participants
3. Each session will begin with a 20-minute unguided meditation, followed by 1 hour discussion of a relevant topic. Topics will be selected from a list of ten which will be sent to participants before the commencement of the course. The first session will consist of meditation, introduction of participants and finalisation of the seven topics for discussion during the remaining seven weeks of the course.
Leader: Alex Caporilli - 5962 4308
TAROT FOR ADVANCED STUDENTS
Tarot for advanced class – skills in card reading & interpretation - this course is for people who have previously studied Tarot and would now like to focus on card interpretation and reading. Suited to students who have studied the Tarot with the leader for the last two years, however, if you have knowledge of the three suits of cards (major, minor & court cards) you may also find interest in this class.
Leader: Terry Green – 0438 093 030

TAROT FOR BEGINNERS
This course will examine in detail the three Tarot suits of cards Majors, Minors and Court cards. Through the cards, the course will explain aspects of the human condition and behaviour. Starting in late 2019 this course will be on-going into 2020. Class members need to purchase their own set of Tarot cards.
(2 sessions: October 29th and November 26th, 2018 - classes on-going into 2020).
Leader: Terry Green – 0438 093 030

THEATRICAL PERFORMANCE GROUP
A group of people that like to show off their acting and theatrical abilities - they have a lot of fun and end up staging a Variety Revue at the end of the year. They will meet monthly in the beginning of the year but more frequently before performance date.
A variety of abilities is needed to accomplish staging a revue, e.g. singers, dancers, actors and crowd extras. Those who can help with making costumes are most welcome.
Contact: - Lois Thwaites – 0418 371 596

U3A Healesville Theatrical Performance Group presents
A Musical Extravaganza of fun, comedy music and laughter
Two shows to be held on:
Sunday, 25th November at 2.00pm and
Saturday, 1st December at 2.00pm at
The Healesville Memorial Hall,
Maroondah Hwy, Healesville 3777
Cost: $10.00 per person
Tickets available directly from The Memorial Hall Ticketing Office
Tel. 1300 368 333

THURSDAY BOOK GROUP
We are very excited to announce the start-up of a second book club in 2019. The very popular group lead by Joan Barlow fills very quickly and currently has a waiting list.
This group will meet once a month in the afternoon from 2.00–3.30pm from February through to December. We need at least 8 to go ahead with the group.
Each member will take it in turn to lead the book of their choice. If you haven’t been involved in a book group before by “lead” we mean:-
• choose a book you either love, found the subject matter interesting, or is topical;
• tell us about the author and any other relevant information about the book;
• compile a list of questions or statements to get the discussion started (most books already have a book club list of questions available if you google it).
The first two months (February and March) the books will be led by myself and Jacque Frost. The books we choose should be easily accessible at the library, on Kindle, or available for purchase. During our first meeting, we will ask members to nominate their book of choice and which month suits them to lead.
A calendar with the books and leads will be distributed giving members plenty of time to access and read the books that have been selected.
The book selected for February is “Nine Perfect Strangers” by Liane Moriarty
The members will also take it in turn to bring along a simple afternoon tea (i.e. packet of biscuits) to share with a tea or coffee.
Leader: Bec Doig – 5962 1000
Jacque Frost – 0409 186 058

UKULELE CLUB AND BEGINNERS
If you feel the need to play music, the ukulele has several points in its favour: it is cheap to buy and easy to learn and I guarantee you will come away from lesson one with a song to play - for beginners and advanced.
Leader: Doug Fudge – 5962 6274

Healesville U3A’s talented Theatrical Performance Group at last year’s Revue
**VISTA PRINT PICTURE BOOK**

This class would look at the steps to create a picture book that can be purchased at the completion of the project - from storage of photographs, to assembly, to a picture book template.

To access VistaPrint or SnapFish Picture Books you will need to be online. The final finished product can be very rewarding and, if you choose, could be used as a gift for family friends, a record of your big trip, or a special event.

People wanting to join this class will need some computer skills. Creativity and imagination are also necessary. The satisfaction of realizing a fabulous picture book based on the story you create will be rewarding. Picture book finished items will range in price depending on the size of the book you choose, e.g. A5, A4, A3 etc.

Working with your own laptop would be preferred. However, the class will be taught using demonstration.

**Leader:** Terry Green – 0438 093 030

---

**WHAT DOES THIRD AGE LIVING OFFER US?**

We will explore:

- Keeping our glass at least half-full while making peace with its reduction in size.
- How? Reflecting on our biography.
- How does our view of death shape our living?
- Are there new opportunities for new inner journeys? New meanings?
- Challenges and opportunities: past, present and future?
- Dying well, when? Making a plan and sharing it. Your funeral?
- Circle work for open sharing.
- Participants taking on an area or question to explore.
- Field trip to Moora Moora sanctuary and green burial site.

**Facilitator:** Peter Cock, a sociologist who has taught 20 courses. Co-founder and resident member of the Moora Moora Cooperative Community, Vic. President of the Sustainable Living Foundation and the founding Vic. President of the Natural Death Advocacy Network.

**Leader:** Peter Cock – phcock2@gmail.com

---

**WINE & CHEESE NIGHT**

We enjoy social evenings where we gather in the private homes of the group’s members and sample small amounts of wine and cheese. Although there is an opportunity for members to talk on their choice of wine and cheese, we don't want the meetings to turn into a Country Cooking Competition and so there is absolutely no pressure to do this.

You are welcome simply to arrive with your offerings and listen to what is being said. If you don’t eat cheese but enjoy wine, feel free to bring a dip instead of the cheese.

It is asked that if you wish to attend one of these evenings you contact the nominated host so that numbers attending can be controlled relative to the size of the particular venue. U3A provides drinking glasses – and the host provides biscuits to complement the cheese.

A good time is guaranteed for all.

**Leader:** Paul Schilling – Phone 5962 1822

---

**WRITING YOUR OWN STORY**

This is a course return

Have you always wanted to begin or perhaps even finish writing your very own story based on your own personal family history?

Here’s your chance to leave your uniqueness behind for posterity, on the page, that is! This course is held in a fun, thoughtful and stimulating environment with artefacts used to help jog your memory. Gather those photos, scattered memories and life experiences and begin or continue to complete your writing journey.

**Leader:** Di Anderson – 0414 168 444
MEMBERSHIP BADGES:
Members are expected to wear their membership badges when they attend a class. This assists with identification and allows new class members to learn others’ names. It also shows the leader that the attendee has current membership. There are also insurance implications.

TOTAL FIRE BAN DAYS:
In the event of a total fire ban day, some leaders may not be able to take their class as they may have to make other plans for that day. In this case it is important for students to contact the leader prior to attending a class. Some classes may choose to have a standing arrangement for such days.

CLASS PHONE TREE:
Class members are encouraged to develop a ‘phone tree’ which shares the load of notifying class members in the case where a class has to be cancelled.

UNABLE TO ATTEND A CLASS:
If, for any reason, you are unable to attend a class, please notify your leader as the leader may decide to cancel the class on that day if numbers are very few.

ATTENDANCE SHEETS AND CLASS ENROLMENT:
Members should make sure they are listed on the relevant class list(s) as this is important for insurance. Members please do not attend a class for which you are NOT ENROLLED.

U3A TUTORS AND U3A / VMIA INSURANCE:
Leaders and tutors, please ensure your student attendance sheet is up to date as U3A VMIA Insurance requires accurate details of student attendance. Please advise the U3A office of any additions or changes. U3A volunteers are covered by U3A Network / Victorian Government VMIA insurance cover. This is not a substitute for member personal insurance.

MEDICAL/HEALTH INSURANCE AND AMBULANCE COVER (if applicable):
Members are encouraged to make sure their medical health care insurance and ambulance subscriptions are current when undertaking classes. You are responsible for you own health care and safety.

MEMBERSHIP DETAILS

U3A membership is $50.00 for an individual per calendar year, $80.00 for a couple. Pro-rata rates apply for half-year membership. Membership entitles members to participate in any or all available classes. 2019 membership renewal, class information and enrolment will be available at the Registration Day on Thursday 29th November, 2018.

If you are unable to attend on that day, there are follow-up Registration/Enrolment sessions, or membership and class enrolment forms are available at the Office or from the website. Send the completed forms and fee to the Office and your membership badge will then be forwarded to you.

To enrol in a class or classes, you can also ‘phone or e-mail the Class Co-ordinators:
Faye Hempenstall 0412 220 409 (faysiehemp@gmail.com)
or Ann Manning (amdm@tpg.com.au).

Note that Class Leaders cannot enrol you in their classes

If you are a current member of a U3A outside of the Yarra Ranges, you can join as an associate member for a fee of $20. As a registered Healesville U3A member, you are entitled to attend classes in all participating U3As in the “Combined U3As of the Outer Eastern Region” for an additional $10.00. There are five U3As in the scheme: Healesville, Yarra Ranges, Mount Dandenong, Sherbrooke and Upper Yarra.

U3A Healesville Committee Members

President : Bill Woods
Secretary : Bev Gilbert
Vice-President : Gianna Esposito
Treasurer : Barb Woods
Class Co-ordinators : Faye Hempenstall
Ann Manning
Committee members : Jennifer Adams
Del Brown
Bec Doig
John Pascoe
Kay Williams
Wendy Veitch

U3A Office Contact Details

Our office is located in the Old Healesville Court House at 42 Harker Street, Healesville (the corner of Harker Street and Healesville-Kinglake Road). The office is attended most Wednesday afternoons between 1.30pm and 3.00pm. Closed during school holidays.

Phone: 0490 917 975
Mail: PO Box 1017, Healesville 3777
E-mail: healesville.u3a@bigpond.com

Don’t forget to check our website for current offerings at www.healesvilleu3a.org.au

Details of courses, maps of class locations and much more is on our site. For those of you receiving this Newsletter by post, check the website for the colour version! Don’t forget internet access is free at the local library.